

JOB PROFILE for TANDEM (Tailored intervention for ANxiety and DEpression Management in COPD) Study
physiotherapists, nurse or occupational therapists, pharmacists with experience of working with people with COPD

Job Details			
Job Title:	Health care professional facilitators for the TANDEM intervention		
School/Dept./Institute & Centre:	Centre for Primary Care & Public Health, Barts and The London School of Medicine & Dentistry, Queen Mary University of London		
Reports to:	Prof Stephanie Taylor, Barts and The London School of Medicine & Dentistry, Queen Mary University of London and Prof Hilary Pinnock, Edinburgh Medical School		
Grade:	Band 6, 7 or equivalent	Working hours per week:	Flexible. Must be available for a minimum of 7 hours per week (one day in total). The work may be spread across two or more days if desired/ necessary.
Payment details	Health care professionals (HCPs) employed in the NHS can be seconded from their work for one day per week with backfill funding provided (including to attend training). HCPs working part-time can be employed through their Trusts/CCGs to work additional hours on Tandem (again, this will be cost neutral to Trust/CCG). Self-employed HCPs can also be engaged to work with us.		
Appointment period	1 st May 2018 to 1 st Apr 2020 (shorter appointments (min 6 months) commencing 1 st May 2018 also available by negotiation)		
Individual facilitator posts will be located around several study sites	<ul style="list-style-type: none"> • Central East London, • Central West London • Central South London • Leicester • Loughborough • Coventry and Warwick • South Warwickshire • Sandwell and West Birmingham • Berkshire • Wessex/Southern Health – new • North Bristol - new 		
Job Context			
<p>Many people with COPD (chronic obstructive pulmonary disease) also suffer from anxiety and or depression.</p> <p>TANDEM (Tailored intervention for ANxiety and DEpression Management in COPD) is a research study looking at the benefits of offering people with moderate to very severe COPD, and mild or moderate anxiety or depression, the opportunity to receive structured, one to one support and advice delivered by a trained respiratory health care professional (nurse, physio or occupational therapist).</p> <p>TANDEM is a tailored intervention - meaning that the intervention will match people's individual needs. It is based on practical advice and support from the SPACE COPD manual together with cognitive behavioural approaches (i.e. it draws on some of the principles used in Cognitive Behaviour Therapy, CBT).</p> <p>It will be delivered by trained respiratory health care professionals (including practice nurses with expertise in respiratory health) to patients in their own homes, or in a respiratory or primary care clinic setting, according to the patient's wishes. The respiratory health care professionals will be trained to deliver the intervention within the context of a research study and will receive ongoing mentoring from a clinical psychologist throughout the study.</p>			

You will be invited to attend the training following which you may have the opportunity to become a TANDEM facilitator.

The TANDEM study is a research study funded by the National Institute for Health research (NIHR), the health research arm of the Department of Health (Reference number is 13/146/02).

All the patient participants will have given fully informed consent to participate in the study before they see the TANDEM facilitators. The TANDEM facilitators will be delivering the study intervention and will be involved in the collection of some study data.

TANDEM Training dates for this role is as follows:

Training dates	Location
7 & 8 May 2019 with a follow up day 3 on 14 June 2019	London
More dates to follow depending on interest. Venue to be confirmed closer to the time.	

Job Purpose

- To engage fully in training to deliver the TANDEM cognitive behavioural approach intervention.
- To provide support to patients using the TANDEM intervention as part of team of facilitators who will deliver a face to face intervention to patients with moderate to very severe COPD who also have mild/moderate anxiety and depression

Main Duties and Responsibilities

To attend and complete a training programme to prepare them to deliver the cognitive behavioural intervention. The training programme includes both face to face training, reflection on own clinical practice through a case study and video assessment (minimum skills achievement will be required).

To complete free Good Clinical Practice (GCP) training (which can be completed online or face to face) signposted by the research team. GCP training is a requirement of all staff involved in a research study/clinical trial to adhere to good clinical practice for the safety and well-being of patients. We will ask HCPs to complete the GCP training before attending TANDEM training.

To engage fully in supervision during training and throughout delivery of the TANDEM intervention.

To make appointments with study participants and to deliver the patient facing face-to-face and telephone parts of the TANDEM intervention to the study participants.

To deliver the TANDEM intervention to study participants with COPD in a variety of settings including: the patient's home or a clinic setting. All travel costs with regard to delivery of the intervention will be reimbursed.

To complete study documentation with regards to delivery of the intervention.

To liaise with the research assistants/team working on the project.

To follow the study protocols.

This table lists the essential and desirable requirements needed in order to perform the job effectively. Candidates will be shortlisted based on the extent to which they meet these requirements.

	Requirements	Essential (E)/ Desirable (D)
Qualifications	A recognised COPD course	E
	Driving licence and/ or ability to travel locally	E
	Hold a current registered professional qualification	E

Knowledge	Interest in research or evidence based practice	E
	An excellent understanding of the current management – both pharmacological and non- pharmacological of COPD	E
	An appreciation of the psychological impact of living with COPD or chronic illness	D
Interest/Skills	Excellent interpersonal communication skills	E
	A patient centred orientation to consultations, working collaboratively with patients to meet joint goals	E
	Willingness to travel and work flexibly	E
	A good team worker	E
Experience	Experience of managing people with COPD in a variety of clinical settings	E
	Experience of community-based care	D
	A willingness to learn and apply cognitive behavioural approaches to managing anxiety and depression in COPD	E

E – Essential: Requirements without which the job could not be done. D – Desirable: Requirements that would enable the candidate to perform the job well.

If you are interested in this role, please send your CV with a supporting statement for the post, or to find out more please contact:

Ratna Sohanpal (TANDEM Trial Manager)

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Amy Barradell (Research Associate, Leicester study site)

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