

JOB PROFILE for TANDEM (Tailored intervention for ANxiety and DEpression Management in COPD) Study

Psychologist or CBT Therapist (BABCP accredited and HCPC registered – may include clinical, counselling or health psychologist dependent on experience)

Job Details			
Job Title:	Clinical Supervisor to Facilitators of the TANDEM Intervention		
School/Dept./Institute & Centre:	Centre for Primary Care & Public Health, Barts and The London School of Medicine & Dentistry, Queen Mary University of London		
Reports to:	Prof Stephanie Taylor, Barts and The London School of Medicine & Dentistry, Queen Mary University of London and Prof Hilary Pinnock, Edinburgh Medical School		
Grade:	Band 7 or 8A or equivalent	Working hours per week:	Flexible. Part time post Must be available for a minimum of 3 hours per week.
Payment details	Health care professionals (HCPs) employed in the NHS can be seconded from their work with backfill funding provided (including to attend training). HCPs working part-time can be employed through their NHS Trusts/NHS CCGs to work additional hours on Tandem (again, this will be cost neutral to Trust/CCG). Temporary contracts are also available from Queen Mary and truly Self-employed HCPs can also be engaged to work with us (but must meet HMRC criteria for self-employed status).		
Appointment period	Current date to 1 st April 2020		
Job Context			
<p>Many people with COPD (chronic obstructive pulmonary disease) also suffer from anxiety and or depression.</p> <p>TANDEM (Tailored intervention for ANxiety and DEpression Management in COPD) is a research study looking at the benefits of offering people with moderate to very severe COPD, and mild or moderate anxiety or depression, the opportunity to receive structured, one to one support and advice delivered by a trained respiratory health care professional (e.g. nurse, physio or occupational therapist). The trained HCP is termed 'facilitator' in the study.</p> <p>TANDEM is a tailored intervention - meaning that the intervention will match people's individual needs. It is based on the facilitator providing practical advice and self-management support (from the SPACE COPD manual) together with cognitive behavioural skills.</p> <p>It will be delivered by trained respiratory health care professionals (facilitators) to patients in their own homes, or in a respiratory or primary care clinic setting, according to the patient's wishes. The respiratory health care facilitators will be trained to deliver the intervention within the context of a research study and will receive ongoing mentoring and supervision from a Psychologist/CBT therapist throughout the study.</p> <p>Supervisors will be required to attend a training session (separate to the TANDEM training) in order to provide a supervisory role to the TANDEM facilitators. Mode of supervision will be flexible and remote e.g. telephone or skype and will be conducted on a fortnightly basis with each facilitator.</p> <p>The TANDEM study is a research study funded by the National Institute for Health research (NIHR), the health research arm of the Department of Health (Reference number is 13/146/02).</p> <p>All the patient participants will have given fully informed consent to participate in the study before they see the TANDEM facilitators. The TANDEM facilitators will be delivering the study intervention and will be involved in the collection of some study data.</p> <p style="background-color: yellow;">Training date for people interested in the supervision role currently being arranged please contact Prof Steph Taylor for update – details at the end.</p>			
Job Purpose			

- To provide the supervisory role to the TANDEM facilitators who will deliver a face to face CBT based intervention to patients with moderate to very severe COPD who also have mild/moderate anxiety and depression

Main Duties and Responsibilities

To attend a training session to prepare for the clinical supervisor role of TANDEM facilitators.

To provide regular clinical supervision to the TANDEM facilitators.

To organize supervision appointments with the facilitators.

To keep confidential clinical notes of supervision sessions.

To engage fully in the supervisor role throughout delivery of the TANDEM intervention by the facilitators.

To receive monthly personal supervision (via phone or SKYPE) from the lead study Clinical Psychologist, Dr Sarah Saqi-Waseem.

To liaise with the TANDEM study team.

To follow the study protocols.

This table lists the essential and desirable requirements needed in order to perform the job effectively. Candidates will be shortlisted based on the extent to which they meet these requirements.

	Requirements	Essential (E)/ Desirable (D)
Qualifications	Registration with the HCPC BABCP accreditation Qualification from accredited High Intensity IAPT Course (Post Graduate Diploma) OR : Doctoral level qualification in clinical/ counselling/health psychology with evidence of substantial training in CBT AND significant experience working as a psychological therapy practitioner and demonstrating the competences as required	E D E E
	At least two years' post-qualification clinical experience	E
	Recognised training certificate in supervision	D
Knowledge	An understanding of the importance of keeping good records and of adhering to protocols and research processes, in a research environment.	E
	Knowledge of anxiety disorders and depression and how it may present in individuals with physical health conditions	E
	Experience of working with individuals with physical illness, particularly respiratory disease	D
	An appreciation of the psychological impact of living with COPD or chronic illness	D

Interest/Skills	Excellent interpersonal communication skills	E
	A patient centred orientation to consultations, working collaboratively with facilitators to meet joint goals	E
	Willingness to work flexibly, including by telephone or, rarely, face to face (only if geographically convenient).	E
	A good team worker	E
	Understanding of issues surrounding clinical risk	E
Experience	Experience of providing clinical supervision based on the CBT approach	E
	Experience of providing clinical supervision to non-psychologist health care professionals providing psychological interventions	D

E – Essential: Requirements without which the job could not be done. D – Desirable: Requirements that would enable the candidate to perform the job well.

If you are interested in this role, please send your CV with a supporting statement for the post, or to find out more please contact:

Dr Liz Steed (Health Psychologist, Lecturer in Health Psychology)
e.a.steed@qmul.ac.uk Tel: 020 7882 5634, or

Prof Steph Taylor (TANDEM Co-Chief Investigator)
s.j.c.taylor@qmul.ac.uk Tel 020 7882 2495 2530